**Finding Best Practices: Bariatric Requirements**

### GETTING STARTED

**Plan**
- Stakeholders:
  - Surgeons
  - Facility
  - PCPs
  - Community resources
- Certificate of need
- Risks/benefits
- Population:
  - Adult
  - Adolescent
- Medical vs. surgical program

**Bariatric Task Force**
- MDs
- Nursing
- Anesthesia
- Surgical services
- Diagnostic image
- Physical therapy
- Respiratory therapy
- Pharmacy
- Facilities
- Finance
- Dietary
- Education

**Patient Safety**
- Patient selection criteria
- Preoperative assessment/care:
  - Medical, behavioral, nutrition
- Planned procedures:
  - Malabsorptive
  - Restrictive
- Postop support/follow-up

### PATIENT CARE AREAS

**Bariatric Clinic**
- Waiting Rooms:
  - Wide, sturdy, armless benches/chairs
  - Appropriate height
  - Wide wheelchairs
  - Floor-mounted bathroom commode
- Exam Rooms:
  - Scale to accommodate wheelchair
  - Wide (fixed) exam tables,
  - Wide BP cuff, appropriately sized exam gowns
- Patient education
- Support services

**Perioperative Services**
- Electric beds/stretchers
- Lifting/transfer devices
- Positioning aids
- Dedicated perioperative staff
- Anesthesia (airway management)
- Instrumentation
- Supplies

**Inpatient Unit**
- Dedicated floor:
  - Wide doors
  - Wide showers
  - Weight capacity furniture
- Specialty trained staff
  - Patient unit/ICU
- Postoperative pain management

### FURTHER CONSIDERATIONS

**Facility**
- Radiology
- Laboratory and testing
- Physical therapy:
  - Ergonomics
- Quality Improvement
- Pharmacy:
  - Reduce medication error
- Finance:
  - ROI
  - Coding
  - Insurance reimbursement

**Miscellaneous**
- Staff sensitivity training focuses:
  - Respect
  - Diversity
  - Customer service
  - Communication
- Equipment (labeled weight limits)
- Elevators (wide doors, weight capacity)
- MD credentialing
- Nursing education/certification
- Data collection
- Facility accreditation