



IMPLEMENTATION OF ENHANCED RECOVERY AFTER SURGERY (ERAS)

Scope of Education Delivery

The ERAS program education should be provided to all full-time personnel who are accountable for or involved in surgical or invasive procedures across relevant departments. This includes personnel working in hospital departments that perform surgical or invasive procedures. Part-time, contractual, and travel nurses may be excluded, provided they are informed that the facility is participating in the ERAS initiative and support the program.

This list serves as guidance and is not exhaustive. Facility leadership should collaborate to determine which personnel require education based on the services provided. For example, a large urban academic medical center with multiple specialties will likely involve a broader group of personnel than a smaller ambulatory surgery center.

HEALTH CARE ORGANIZATION DEPARTMENTS

- Operating Room Departments [e.g., hospital-based, ambulatory surgery centers]
- Post Anesthesia Care Units
- Labor and Delivery Department
- Interventional Radiology Department
- Endoscopy Department
- Cardiac Catheterization Laboratory
- Electrophysiology Laboratory
- Emergency Department
- Intensive Care Units
- Outpatient Clinics [e.g., Urology Clinics]
- Inpatient Units

POTENTIAL PERSONNEL

- Perioperative RN Circulators, PACU RNs, L&D RNs, IR RNs, Cardiac Cath Lab RNs, Endoscopy RNs, EP lab RNs, Wound Care RNs, and other identified nurses that are involved in invasive procedures or care of patients.
- Scrub Personnel [e.g., RNs, LPNs, LVNs, STs]
- First Assistants [e.g., Fellows, Residents, RNFAs, APRNs, PAs, STSAs, Students that suture]
- Anesthesia Providers [e.g., Anesthesiologists, Nurse Anesthetists, CRNAs, Anesthesia Assistants] May enroll in the education or sign the waiver

ADDITIONAL ERAS TEAM MEMBERS

- ERAS Coordinator(s) designated by the organization with the expertise and authority to lead the program
- Perianesthesia RNs (representing both preoperative and postoperative phases of care)
- RNs representing surgeons' clinics
- Pharmacists
- Nutritionists
- Physiotherapists
- Nurse informaticists
- Quality assurance professionals
- Others identified by the organization [e.g., designated pain specialists, other clinical specialists, educators, leaders]

SUPPORT AND ADMINISTRATIVE ROLES

- Administrators
- Business leaders
- Scheduling coordinators
- IT professionals
- Other essential support staff