## Candidates' responses to the Q&A are presented in their entirety without changes, edits, or corrections.

## BOARD OF DIRECTORS CANDIDATE Heidi L. Nanavati, MSN, FNP-BC, CNOR, RNFA

1.) Surveys of members indicate the most common reason they don't vote is that they feel that they "don't know the candidates." To help the members get to know you better describe something you are passionate about or enjoy doing in your free time.

When I am not at work, I am fully engaged in my family. You will find me on the sidelines of their soccer games, attending recitals, or taking my two children to practices. I will be the one cheering the loudest and often the team manager. Saturday mornings, I cannot wait to spend the day at their games. I know these are precious times with my family as we watch them growing up so fast. My energy level runs high as I find joy in nurturing them and knowing that they are cared for well. It is exciting to see them grow themselves as leaders of their teams. I believe my leadership skills are reflected in their performance and I take great joy in watching them lead, on and off the field, and always strive to be their best.

2.) Describe your most meaningful day in the OR, or in the office, and how it has impacted your current practice, or work, as a nurse.

Working as a nurse practitioner in orthopedic trauma there have been many patients that have left an impression. A few that stand out are a nun that was hit by a snowplow while walking down the sidewalk. A couple hit by a truck on their motorcycle while waiting to turn into their driveway. The wife needing an above the knee amputation. A moment that impacted my practice the most, was treating a patient after being hit by a car on her way to get her son off the school bus. All she wanted me to do, as they were putting her to sleep, was to call her sister and make sure someone was there to get him after school. Moments like these validate the importance of our jobs. Being there to help the whole person; physically, mentally and with whatever needs to be accomplished in that moment.

3.) What, in your opinion, are the key responsibilities for a member of the Board of Directors and what experience has prepared you for this role?

Two key responsibilities of the board of directors are communication and executing the strategic plan. Open communication with regards to what the members are looking for, and what the board can do, is imperative for an

organization to run successfully. In addition, executing the strategic plan, and allocating resources appropriately, while promoting the vision of AORN is the key to long term success. Working in a private practice, as a provider, I have a seat at the table when the business of our practice and long term goals are established. Open communication has always been something I strive for as a leader. Serving as communication chair of the RNFA SA, chapter president, and the chair of the Nominating Committee, as well as the president of the school Parent's Association, I have exemplified and honed my strong communication skills and will advocate for the membership in the boardroom.