

**Candidates' responses to the Q&A are presented in their entirety without changes, edits, or corrections.**

**NOMINATING COMMITTEE CANDIDATE**

**Sonja Furr, BSN, RN, CNOR**

- 1.) Surveys of members indicate the most common reason they don't vote is that they feel that they "don't know the candidates." To help the members get to know you better describe something you are passionate about or enjoy doing in your free time.**

What I love to do in my free time is to spend time with my family and friends. I became a grandmother to a beautiful little girl last June. She is truly my heart! I so look forward to teaching her my love of cooking, canning and crafts! I also love giving back to the community. This year I participated with my group of Mary Kay friends in an adopt a grandparent program where we requested donations towards a Christmas gift for men and women in nursing homes. As a collective group we will be able to gift 1042 grandparents!!! This has truly been a blessing to me especially during this time of quarantine where we cannot readily get together and love on each other as we normally do.



**2.) Describe your most meaningful day in the OR, or in the office, and how it has impacted your current practice, or work, as a nurse.**

My most meaningful day in the OR was the day I found out that a patient I had cared for the day before was coming back to the OR with a retained sponge. I was mortified that that had happened. I remember the case...it was a long difficult heart case where we had hit the right atrium going in. 100 laps later we had a correct count.. Aren't they always correct?! My practice changed right then. I became a strong advocate for adhering to the count policy, utilizing sponge counter bags all the time, participating on count policy committees to ensure we have a strong policy and sharing that story with others so that hopefully it won't happen to them.

**3.) Identify the two most important things you feel need to be a part of the candidate selection process.**

The two most important things for the candidate process is; to first select candidates who are passionate about the OR, actively participating in the local, state and/or national committees. This shows their leadership potential.

2nd most important thing is to listen to the membership. Why do I say that? The membership are who nominate the potential



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candidates. Why are they nominating that particular person? Why do they think they are qualified to be a leader at the national level? What makes them stand out above the rest?